



VA Hemorrhoids Claims Guide: Summary and Worksheets

Your own working pages. These are your notes in your own words. They are not a VA form, they are not sent to the VA, and nothing here is a medical finding or a prediction about your claim.

Start with the essentials

- 1 Start with the medical findings**
Record the diagnosis, examination findings, and treatment you actually have. Keep bleeding, thrombosis, prolapse, fissures, and anemia separate rather than guessing at a rating.
- 2 Then organize the connection to service**
Use the guide's direct and secondary pathways to identify the history and records that apply to you. Mark unknown or unavailable records honestly.
- 3 Prepare for the next decision point**
Use your symptom history, available records, and unanswered questions for a claim, examination, or decision review without writing a medical conclusion for yourself.

How to use this packet

Complete only what helps you prepare. Use approximate dates when exact dates are unavailable. Mark records as missing or unverified instead of guessing.

The full guide, research, charts, rating discussion, sources, and current information remain online at:

<https://ratemyvso.net/dc/hemorrhoids-guide>



WORKSHEET 1 OF 5

Bleeding, episodes, and findings

Optional working notes for Hemorrhoids. Write only what you know. Leave anything blank that does not apply.

Dates or time periods, symptoms, and how long episodes lasted

Findings recorded by a clinician, including thrombosis, prolapse, irreducibility, fissures, or other findings

Bleeding history and any blood-count or anemia findings, if known

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WORKSHEET 2 OF 5

Treatment and daily impact

Optional working notes for Hemorrhoids. Write only what you know. Leave anything blank that does not apply.

Medicines, procedures, surgery, and response to treatment

Effects on sitting, lifting, toileting, sleep, work, or ordinary activities

Changes over time, recurrences, and what made symptoms better or worse

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WORKSHEET 3 OF 5

Service-connection timeline and questions

Optional working notes for Hemorrhoids. Write only what you know. Leave anything blank that does not apply.

In-service onset, treatment, symptoms, or events, with approximate dates

Any service-connected condition or treatment you believe may be related, and the records that describe it

Questions for a clinician or representative about cause, worsening, or missing evidence

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WORKSHEET 4 OF 5

Records and unanswered questions

Optional working notes for Hemorrhoids. Write only what you know. Leave anything blank that does not apply.

Record, date, source, and page if known

Do I have my own copy?

- | | |
|---|---|
| ☐ Not sure | ☐ I have a copy |
| ☐ Requested, still waiting | ☐ I do not have a copy |

Do I know whether the VA has it?

- | | |
|---|---|
| ☐ Unknown / not verified | ☐ Submission receipt available |
| ☐ Listed in my decision letter | ☐ Not submitted by me |

Missing records, request dates, and questions to follow up

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WORKSHEET 5 OF 5

Decision-letter reading sheet

Optional working notes for Hemorrhoids. Write only what you know. Leave anything blank that does not apply.

Letter date, condition, and what the VA decided

Reasons and evidence listed, with page numbers

Dates and instructions in the letter; questions for a representative

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