Hepatitis C Claims Guide:
Summary and Worksheets

Your own working pages. These are your notes in your own words. They are not a VA form, they are not sent to the VA, and nothing here is a medical finding or a prediction about your claim.

Start with the essentials

1 **Build one complete risk-factor timeline**

List possible in-service and post-service risk factors with dates and records. Do not omit a factor because it appears unfavorable; the medical reviewer needs the full history.

2 **Keep diagnosis, current residuals, and treatment distinct**

Organize testing, treatment response, current symptoms, and residual conditions as the record describes them.

3 **Use evidence without writing the nexus yourself**

A timeline helps a clinician evaluate the history. The cause and medical connection remain medical questions, and the Board figures describe published decisions rather than your odds.

How to use this packet

Complete only what helps you prepare. Use approximate dates when exact dates are unavailable. Mark records as missing or unverified instead of guessing.

The full guide, research, charts, rating discussion, sources, and current information remain online at:

https://ratemyvso.net/dc/hepatitis-c-guide

WORKSHEET 1 OF 5

Risk-factor and exposure timeline

Optional working notes for Hepatitis C. Write only what you know. Leave anything blank that does not apply.

Possible in-service risk factors, exposures, procedures, or events, with approximate dates and locations

Possible pre-service or post-service risk factors, with approximate dates

Records, service documents, or people who may confirm the history

Your notes stay yours. This blank PDF is not submitted to the VA. Saving answers through the website requires your RateMyVSO account.

WORKSHEET 2 OF 5

Diagnosis, testing, and treatment

Optional working notes for Hepatitis C. Write only what you know. Leave anything blank that does not apply.

Screening, confirmatory testing, viral-load or other relevant results, with dates if known

Treatment course, response, side effects, and current status

Current symptoms, liver findings, or residual conditions documented by a clinician

Your notes stay yours. This blank PDF is not submitted to the VA. Saving answers through the website requires your RateMyVSO account.

WORKSHEET 3 OF 5

Symptoms, functional effects, and medical questions

Optional working notes for Hepatitis C. Write only what you know. Leave anything blank that does not apply.

Symptoms and functional effects actually experienced, with frequency and duration

Periods requiring medical care, activity restriction, or treatment, as documented

Questions for a clinician or representative about competing risk factors, cause, residuals, or missing evidence

Your notes stay yours. This blank PDF is not submitted to the VA. Saving answers through the website requires your RateMyVSO account.

WORKSHEET 4 OF 5

Records and unanswered questions

Optional working notes for Hepatitis C. Write only what you know. Leave anything blank that does not apply.

Record, date, source, and page if known

Do I have my own copy?

- ☐ Not sure
- ☐ I have a copy
- ☐ Requested, still waiting
- ☐ I do not have a copy

Do I know whether the VA has it?

- ☐ Unknown / not verified
- ☐ Submission receipt available
- ☐ Listed in my decision letter
- ☐ Not submitted by me

Missing records, request dates, and questions to follow up

Your notes stay yours. This blank PDF is not submitted to the VA. Saving answers through the website requires your RateMyVSO account.

WORKSHEET 5 OF 5

Decision-letter reading sheet

Optional working notes for Hepatitis C. Write only what you know. Leave anything blank that does not apply.

Letter date, condition, and what the VA decided

Reasons and evidence listed, with page numbers

Dates and instructions in the letter; questions for a representative

Your notes stay yours. This blank PDF is not submitted to the VA. Saving answers through the website requires your RateMyVSO account.