



# SUPPORTING VA FORMS MAP



Match common supporting forms to the issue they document.

PRIMARY CLAIM  
VA Form 21-526EZ

SUPPORTING FORMS  
Use only when applicable

VERSION CONTROL  
Download fresh copies

READ FIRST

Supporting forms do not replace the primary claim. They provide information, authorization, or evidence for a specific issue within the claim.

STATEMENTS AND RECORDS

## LAY EVIDENCE AND PRIVATE RECORDS

21-10210

### Lay/Witness Statement

Use for the veteran's or another witness's firsthand account of events, symptoms, changes, and functional impact.

21-4142

### Authorization to Disclose

Authorizes a private provider or record holder to release information to the VA.

21-4142a

### Provider Information

Identifies the private providers and treatment details the VA needs for record requests.

PTSD AND PERSONAL ASSAULT

## STRESSOR INFORMATION

0781

### PTSD stressor information

Use the current VA stressor form requested for non-personal-assault PTSD claims and provide enough event detail for development.

0781a

### Personal assault stressor

Use the current personal-assault PTSD form and identify reports, markers, witnesses, behavioral changes, and alternate evidence.

EVID

### Supporting marker records

Attach relevant personnel, medical, counseling, police, family, clergy, journal, or other corroborating evidence.

EMPLOYMENT AND UNEMPLOYABILITY

## TDIU FORMS

21-8940

### Veteran's TDIU Application

Reports service-connected disabilities, work history, education, training, and the date employment became affected.

21-4192

### Employer Information

Requests employment dates, earnings, concessions, time lost, and the reason employment ended.

OTHER FREQUENT NEEDS

## SITUATION-SPECIFIC FORMS

0966

### Intent to File

Preserves a potential effective date while the qualifying application is being completed.

686c

### Dependents

Adds or updates spouse, child, and dependent information when the compensation rules require it.

POA

### Representation

Use the appropriate appointment form for a VSO, attorney, or accredited claims agent.

REVIEW

### Post-decision lanes

Supplemental Claim, Higher-Level Review, and Board appeal forms are not substitutes for 21-526EZ.

### CHECK BEFORE ATTACHING

Use only forms that match the actual issue. A form number, edition, title, or submission address may change, so verify it against the current official VA source.

