RATEMYVSO VISUAL GUIDE

CELIAC CLAIM IN ONE PAGE

CELIAC DISEASE

MALABSORPTION FILE

Confirm the autoimmune diagnosis, connect it to service, document the prescribed diet, and measure malabsorption and systemic effects.

01 Four parts of the celiac file

01 CONFIRM CELIAC DISEASE

Use an appropriate serum antibody test or endoscopy with biopsy.

02 CONNECT IT TO SERVICE

Document in-service onset, symptoms, exposure theory, continuity, and medical nexus as applicable.

03 SHOW TREATMENT

Record the medically prescribed gluten-free diet, adherence, response, and persistent symptoms.

04 MEASURE MALABSORPTION

Use diarrhea history, nutritional labs, biopsy, weight change, weakness, and systemic effects.

02 Evidence architecture

DIAGNOSIS

Preserve serology, endoscopy, biopsy, gastroenterology assessment, and differential diagnosis.

DIET

Document when a clinician prescribed the gluten-free diet and what changed after treatment.

DEFICIENCIES

Track iron, folate, B12, vitamin D, anemia, bone effects, and other nutritional findings.

SYSTEMIC EFFECTS

Connect weakness, fatigue, dermatitis, neurologic effects, weight loss, or other manifestations to celiac disease.

03 Build one connected evidence record

1 SERVICE HISTORY

Identify gastrointestinal complaints, weight changes, anemia, rashes, and relevant exposures or events.

2 DIAGNOSTIC TESTING

Include the qualifying antibody test or biopsy and the clinician's interpretation.

3 DIET EVIDENCE

Use prescriptions, dietitian notes, adherence history, response, and accidental-exposure effects.

4 MALABSORPTION EVIDENCE

Include laboratory trends, weight history, nutritional treatment, and villous atrophy findings.

5 MEDICAL OPINION

Address onset, mechanism, alternative diagnoses, and the relationship to service.

THE RECORD SHOULD EXPLAIN

Why these facts support this veteran's claim

- What evidence was reviewed
- When the condition and limitations began
- Which legal or medical pathway applies
- How competing explanations were addressed

Diet preference alone does not confirm celiac disease. Separate celiac disease from non-celiac gluten sensitivity and other causes of gastrointestinal symptoms.

04 Current DC 7355 rating ladder

80%

Malabsorption with wasting, nutritional deficiencies, systemic manifestations, anemia, and specified abdominal symptoms.

50%

Diet-managed chronic diarrhea with nutritional deficiencies and systemic manifestations or villous atrophy.

30%

Chronic diarrhea managed by a medically prescribed diet without nutritional deficiencies.

COMPARE

Consider DC 7328 when malabsorption is the predominant disability, as directed by the schedule.

05 Before you file

- √ Diagnosis confirmed correctly
- √ Biopsy or antibody evidence included
- √ Service path documented
- √ Prescribed diet established
- √ Diarrhea pattern described
- √ Nutritional labs assembled
- √ Systemic effects medically linked
- √ Current rating criteria applied

38 C.F.R. 4.114, DC 7355, effective May 19, 2024. Rules checked July 2026. Educational use only. Not legal or medical advice. Individual facts determine outcomes.

GERD-CELIAC ONE PAGE