



MIGRAINE CLAIMS

# MIGRAINE C&P EXAMINATION GUIDE

A calibrated guide to service connection, attack documentation, and the DC 8100 rating criteria.

CLINICAL FIELD REFERENCE

## FOUR POINTS TO UNDERSTAND

### HISTORY

#### DESCRIBE THE LONGITUDINAL PATTERN

Give accurate onset, frequency, duration, treatment, triggers, and changes over time.

### ATTACK

#### EXPLAIN A TYPICAL PROSTRATING ATTACK

Describe symptoms, what becomes impossible, what you do, and how long recovery takes.

### WORK

#### REPORT FUNCTIONAL IMPACT

Discuss missed work, interrupted tasks, driving or safety limits, concentration, and accommodations.

### CHECK

#### REVIEW THE REPORT

Confirm it addresses frequency, prostration, prolonged attacks, economic impact, and the requested nexus theory.

Apply the current regulation and case law to the individual record. Attack frequency, severity, duration, and functional impact should be documented accurately and consistently.

