



MIGRAINE CLAIMS

MIGRAINE DO'S AND DON'TS

A calibrated guide to service connection, attack documentation, and the DC 8100 rating criteria.

CLINICAL FIELD REFERENCE

FOUR POINTS TO UNDERSTAND

DO

RECORD ATTACKS AS THEY OCCUR

Use specific dates, duration, symptoms, stopped activities, treatment, and recovery.

DO

DOCUMENT WORK EFFECTS

Keep leave, attendance, accommodation, and supervisor records when available.

DON'T

DO NOT EXAGGERATE OR MINIMIZE

Describe ordinary and severe attacks accurately, including days when medication helps.

DON'T

DO NOT CONFUSE ASSOCIATION WITH NEXUS

A secondary claim needs veteran-specific medical reasoning.

Apply the current regulation and case law to the individual record. Attack frequency, severity, duration, and functional impact should be documented accurately and consistently.

