



MIGRAINE CLAIMS

MIGRAINE EVIDENCE GUIDE

A calibrated guide to service connection, attack documentation, and the DC 8100 rating criteria.

CLINICAL FIELD REFERENCE

FOUR POINTS TO UNDERSTAND

MEDICAL

DIAGNOSIS AND TREATMENT

Neurology and primary-care notes, medication history, emergency treatment, testing, and documented attack frequency.

LOG

CONTEMPORANEOUS HEADACHE LOG

A consistent diary can show frequency, duration, symptoms, prostration, and functional effects.

LAY

FIRSTHAND STATEMENTS

Veteran, family, coworker, and supervisor statements can describe observable attacks and their effects.

WORK

EMPLOYMENT RECORDS

Leave, attendance, accommodations, performance records, and earnings evidence may support economic impact.

Apply the current regulation and case law to the individual record. Attack frequency, severity, duration, and functional impact should be documented accurately and consistently.

