



MILITARY SEXUAL TRAUMA

PRIOR MST DENIAL REVIEW ROADMAP

Clear, trauma-informed guidance for building an accurate VA disability record.

CURRENT VA GUIDANCE

START WITH THE RECORD

FOUR POINTS TO UNDERSTAND

1

READ THE REASONS

Identify whether the decision disputed diagnosis, event evidence, nexus, or another element.

2

CHECK DEVELOPMENT

Review whether VA sought alternative evidence and addressed behavior changes.

3

MATCH THE REVIEW LANE

Choose the review option that fits the evidence and alleged error.

4

GET CURRENT HELP

VA encourages veterans with prior MST denials to contact a VBA MST outreach coordinator.

An official report is not the only way to support an MST-related claim. Evidence is evaluated under the rules applicable to the condition and claim.

