



MILITARY SEXUAL TRAUMA

MST TREATMENT VERSUS COMPENSATION

Clear, trauma-informed guidance for building an accurate VA disability record.

CURRENT VA GUIDANCE

START WITH THE RECORD

FOUR POINTS TO UNDERSTAND

CARE

TREATMENT ACCESS

VA provides free care for mental and physical conditions related to MST without requiring documentation or a disability rating.

CLAIM

COMPENSATION

A disability claim requires evidence supporting a current condition and its relationship to service.

CHOICE

ONE DOES NOT REQUIRE THE OTHER

A veteran may seek treatment without filing a compensation claim.

PRIVACY

ASK ABOUT SUPPORT

A VHA MST coordinator can explain treatment options and access.

An official report is not the only way to support an MST-related claim. Evidence is evaluated under the rules applicable to the condition and claim.

