



EVIDENCE SEEN IN SLEEP APNEA DECISIONS

What appeared in 78,321 published Board decisions



01

HOW TO READ THE DATA

Each row answers two different questions.

N

DECISIONS

How often the evidence appeared

%

FAVORABLE SHARE

Share of those decisions that were favorable

ALL SLEEP APNEA DECISIONS

58.0%

FAVORABLE BASELINE

58%

Use this baseline to compare the evidence rows below.

02

FIVE EVIDENCE SIGNALS IN THE RECORD

Ranked by how often each signal appeared

1



SLEEP STUDY

Polysomnography documented in the file

27,306

DECISIONS

63.6%

+5.6 PTS

2



CPAP

CPAP prescribed or recommended

14,149

DECISIONS

65.8%

+7.8 PTS

3



WITNESS EVIDENCE

Statements about snoring or stopped breathing

7,026

DECISIONS

64.1%

+6.1 PTS

4



IN-SERVICE SYMPTOMS

Fatigue, snoring, or daytime sleepiness noted

7,009

DECISIONS

61.3%

+3.3 PTS

5



WEIGHT GAIN

Weight gain documented during or since service

6,258

DECISIONS

62.5%

+4.5 PTS

03

WHAT THE DATA CAN AND CANNOT SAY



THE DATA CAN SHOW

Which evidence appeared in published decisions and how outcomes were distributed when it appeared.



THE DATA CANNOT SHOW

That one evidence item caused a favorable outcome or predicts what will happen in an individual claim.

FAVORABLE MEANS:

Every issue granted or a mixed decision containing at least one grant. Evidence presence does not mean that evidence decided the case.



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SOURCE

Published Board of Veterans' Appeals decisions

Condition evidence artifact generated September 23, 2026

DESCRIPTIVE
NOT PREDICTIVE