

SLEEP APNEA DECISION TEXT

SYMPTOMS DOCUMENTED IN GRANTED DECISIONS

A decision-level view of what the Board record mentioned

GRANTED DECISIONS

11,178
REVIEWED

Published Board decisions involving
sleep apnea



DOCUMENTATION FREQUENCY, NOT MEDICAL PREVALENCE

The percentages show how often each symptom appeared in the written decisions reviewed.

01

WHAT THE DECISIONS MENTIONED

Each bar shows the percentage of granted decisions documenting that symptom.

0%

10%

20%

30%

1



SNORING

3,101 decisions

27.7%
OF GRANTS

2



FATIGUE

1,278 decisions

11.4%
OF GRANTS

3



DAYTIME SLEEPINESS

1,225 decisions

11.0%
OF GRANTS

4



INSOMNIA

889 decisions

8.0%
OF GRANTS

5



MORNING HEADACHES

154 decisions

1.4%
OF GRANTS

02

READ THE PATTERN CAREFULLY

27.7%

SNORING LED THE FIVE

It appeared more than twice as often as any other symptom in this ranked group.

NONEXCLUSIVE

ONE DECISION CAN INCLUDE MULTIPLE SYMPTOMS

Do not add the percentages together. The categories overlap.

TEXT LIMIT

NOT MENTIONED DOES NOT MEAN NOT PRESENT

A Board decision may omit symptoms that were elsewhere in the claim file.

03

WHAT THIS RESEARCH DESCRIBES

PUBLISHED

Board decisions



GRANTED

Sleep apnea decisions



DOCUMENTED

Symptom mentions

This does not measure all veterans with sleep apnea, establish diagnostic criteria, or predict an individual claim outcome.

SOURCE

Published Board of Veterans' Appeals decisions
Condition evidence artifact generated September 23, 2026